



# HEALTH BULLETIN

October - December 2020

## Your Zakat **A Ray of Hope**



**“ YOUR ZAKAT**  
Will be tremendous help in the free treatment of thousands of poor and needy patients  
**”**

### **FREE 24/7 SERVICE FOR NEEDY PATIENTS**

- FREE HOSPITALIZATION
- FREE GENERAL WARDS
- FREE SURGERY
- FREE DIALYSIS
- FREE CONSULTATION
- FREE ICU & NICU
- FREE DIAGNOSTICS

Sohail Trust Hospital a project of S.M Sohail Trust, is offering specialized healthcare services for those who are in need and cannot afford treatment expenses.

## Our Free Services includes

- \* Hospitalization
- \* General Wards
- \* Surgeries
- \* Consultation
- \* Intensive Care Unit (ICU)
- \* NICU
- \* Anesthesia
- \* Nursing Care
- \* Physiotherapy
- \* Diagnostics
- \* Laboratory Tests
- \* Radiology Services



Sohail Trust Hospital is a 350 bed hospital equipped with advance medical technology which provides quality health services to the patients. STH was established by S.M. Sohail Trust in 2002, since then this not-for-profit hospital has been providing healthcare facilities, training and teaching to undergraduate & post-graduate students.



## (Other Services)

In addition to secondary and tertiary care, this hospital is the nexus for primary health care needs of the entire population of the Korangi Industrial area.

Out-Patient Clinics

In-Patient services

Laboratory

Radiology Services

Physiotherapy



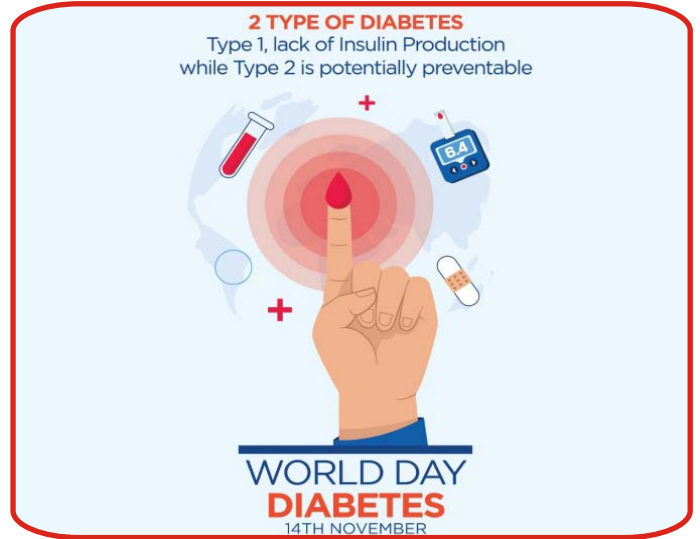
The hospital has recently renovated Operation Theatre and ICU in order to facilitate the patients, the state-of-the-art OT Complex and ICU rooms are equipped with latest technology and infrastructure.



## World Diabetes Day

Sohail Trust Hospital Celebrates World Diabetes Day.

Facts reveal that diabetes of all types can lead to impairments in different parts of the human body and simultaneously an increased risk of early death. It can be averted by a healthy diet, disciplined routine, balanced body-weight, and eluding drug usage.



## Importance of Polio Vaccinations and Polio Eradication from Pakistan

Dr. Meher Afroze, Assistant Professor Jinnah Medical & Dental College, Paediatrics Department Sohail Trust Hospital, discussed the importance of Polio Vaccinations and Polio Eradication from Pakistan. At Dawn News Show "Health First".

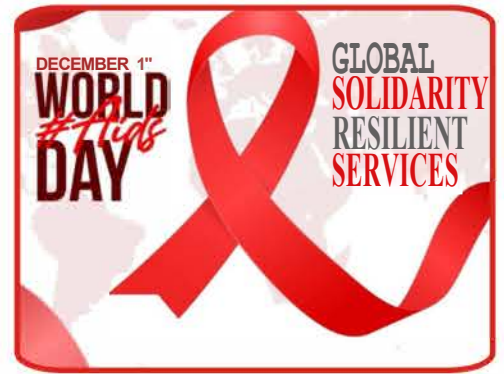
## Biennial International Pediatric Conference

Pakistan Pediatric Association organized its Biennial International Pediatric Conference at Quetta from 26th to 29th November, 2020. From Sohail Trust Hospital and Jinnah Medical & Dental College, Professor S.M. Inkisar Ali, Assistant Professor of Paediatrics Dr. Uzma Arshad and other faculty member of Sohail Trust Hospital participated in this conference. Professor Inkisar Ali participated in Gold Medal committee meeting and Central executive board meeting. He chaired important sessions on Pediatric Neurology and Pediatric Hematology Oncology. The organizers honoured active senior Pediatricians for academic services and services to P.P.A. Professor Inkisar Ali (STH) was also awarded special gift.



## World Aids Day

On this World Aids Day 2020 Let's stand in Solidarity with Health workers including nurses, midwives and community health workers that are working to end the Aids.



## Polio Vaccination Campaign

Prof. Dr. S.M. Inkisar Ali, Head of Department, Department of Paediatrics Jinnah Medical & Dental College talks about the launch of the third nationwide Polio vaccination campaign in Pakistan at Dawn News Show Chai, Toast aur Host.

## Launch of Echocardiography Service

Sohail Trust Hospital is proud to announce that Department of Radiology has started Echocardiography Services. To facilitate our patients and support them, management has decided to provided highly subsidized rates for this services.

## Farewell Day of Dr.S.M Inkisar Ali

Prof. Dr. S. M Inkisar Ali, Ex-Chairperson Dow University & Civil Hospital Karachi Dept. of Peadiatrics also worked at Liaquat Medical College & Darul Sehat Hospital had been serving as the Head of Peadiatrics Department at Sohail Trust Hospital since 2013, he also had the honor to have worked as Members Syndicate Dow University, Chairperson Postgraduate committee, Chairman House job committee. During his tenure he organized multiple workshops and awareness programs including awareness program on Polio Vaccine and Typhoid Vaccine, workshops on Neonatal Resuscitation and many workshops on Medical Education Training.

STH would like to pay tribute to Dr.S. M Inkisar Ali on his retirement, his services will always be remembered.



# LIFE MATTERS, SAVE MANY LIVES LIKE THESE

Serving the Community is the vision of S.M. Sohail Trust that is being fulfilled by providing free health care services to the needy patients, here are some of our patient's stories.

## Case of Candidiasis

Mrs. Huma 27 years old was admitted in Sohail Trust Hospital with fungal infection, she was diagnosed with Candidiasis treated for 13 days, her treatment was successful and all of her expenses was paid by the hospital.



## Pain in Lower Abdominal

Mrs.Ashi 35 years old was admitted in the Sohail Trust Hospital, she was 34 weeks pregnant admitted for her delivery but she was facing immense pain in her lower abdominal, she was kept in observation and her successful delivery was performed, she stayed 15 days in the hospital and her treatment expenses were paid by the hospital.

## Case of Breast & Axilla Lump

Mrs. Parveen 33 years old came to Sohail Trust Hospital with epigastric pain and breast lump. She was referred for breast surgery, stayed 20 days for her treatment, her successful surgery was performed, all of her treatment cost was paid by the hospital.

## Case of Cholelithiasis

Mrs.Nadra 45 years old came to Sohail Trust Hospital with gastro pain, indigestion and frequent vomiting, she was diagnosed with Cholelithiasis, treated in the hospital for 8 days all of her treatment expenses was paid by the hospital.

## Case of Gallbladder

Mrs.Samar 25 years old was admitted in Sohail Trust Hospital with pain in right upper quadrant, nausea and vomiting. She was diagnosed with Cholelithiasis, her treatment took 10 days, she was provided with free treatment from the hospital.

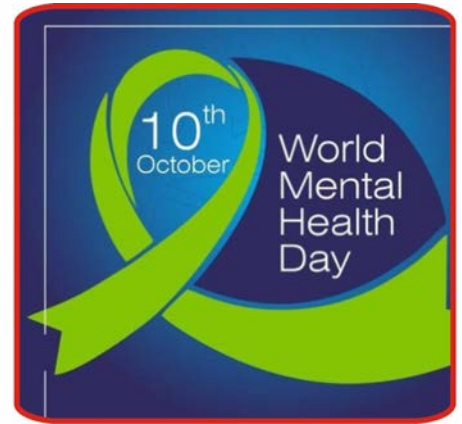
## Case of Fractured Wrist

Mr.Amir 35 year old young men was admitted at Sohail Trust Hospital in emergency, he fall from his motorcycle & got several injuries fractured his right side wrist. He was kept in the hospital for 9 days, all of his treatment was provided free from the hospital.



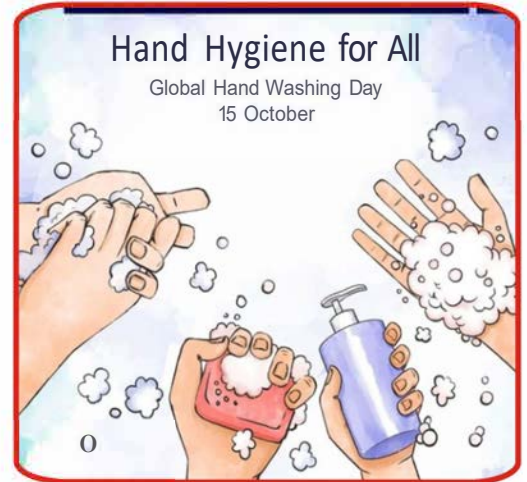
## World Mental Health Day

This specific year internationally, World Mental Health Day is justly celebrated on the 10th of October. After the COVID-19 pandemic, social lives have been principally changed globally. "Universally considering the formidable challenges due to the pandemic it is imperative to properly provide meticulous care to satisfactorily address the Mental Health. 'Increased Investment in Mental Health' appropriately represents the prime goal of this typical year on World Mental Health Day!", said by Dr. Aneel Kumar, Consultant Psychiatrist at Sohail Trust Hospital.



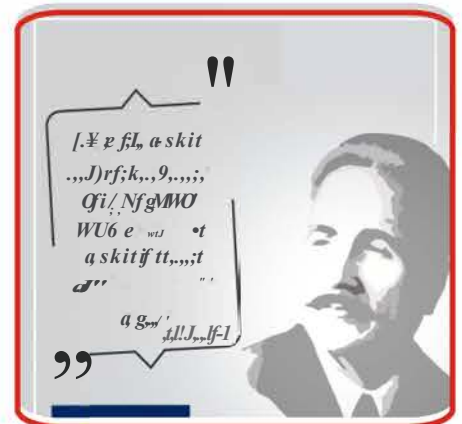
## Global Handwashing Day

Global Handwashing Day (GHD) is an international awareness day committed to increasing alertness about the significance of Hand Hygiene. Handwashing is equally vital in the fight against the pandemic COVID-19 and shown to support reduce the direct transmission of a range of virulent viruses and infectious diseases.



## Iqbal Day

Sohail Trust Hospital pays tribute to Dr. Allama Muhammad Iqbal, great philosopher, thinker and national poet of Pakistan, the Poet of the East, for his indelible contribution for the establishment of Pakistan.



## Importance of Timely Immunization in Children

Sohail Trust Hospital Physician & Faculty member Professor Dr.S.M Inkisar Ali, Dr. Maryam Haider and Dr. Meher Afroze from the Department of Paediatrics, were invited on TV One show "Muskurati Morning" in which they were invited to discuss "Importance of timely Immunization in children during Covid Pandemic" and Polio Eradication in Pakistan. They discussed issues related to vaccinations, explaining the importance of timely vaccination in children, they also highlighted the issues of Polio vaccination.



## Certified by Pakistan Center for Philanthropy

Another achievement for S.M. Sohail Trust to have received PCP certification. The Pakistan Center for Philanthropy (PCP) Certification Program seeks to bring transparency, accountability and good supremacy in the nonprofit sector in Pakistan. It involves the evaluation of a nonprofit organization on standardized limitations of internal governance, financial management and program delivery



## News & Events

### Blood Cancer Awareness Month

September correctly is Blood Cancer Awareness Month - a decisive time to instantly make considerable energies to conquer blood cancers including leukemia, lymphoma, myeloma, and Hodgkin lymphoma. Persons with blood cancer can endure and live healthily when they're diagnosed promptly and treated properly.



### Breast Cancer Awareness Month

October is celebrated as the Breast Cancer Awareness Month. Staying healthy, early detection & prompt treatment can only reduce the risk of Breast Cancer. To increase awareness about the screening and prevention of Breast Cancer, JMCH arranged awareness sessions on "Screening & Prevention of Carcinoma Breast" at Prof. Mumtaz-ud-Haider Auditorium for students, staff and faculty members. Dr. Sadiqa Bano, Consultant General & Breast Surgeon and Senior Registrar, Dr. Rasheeqa Mehmood conducted the sessions.

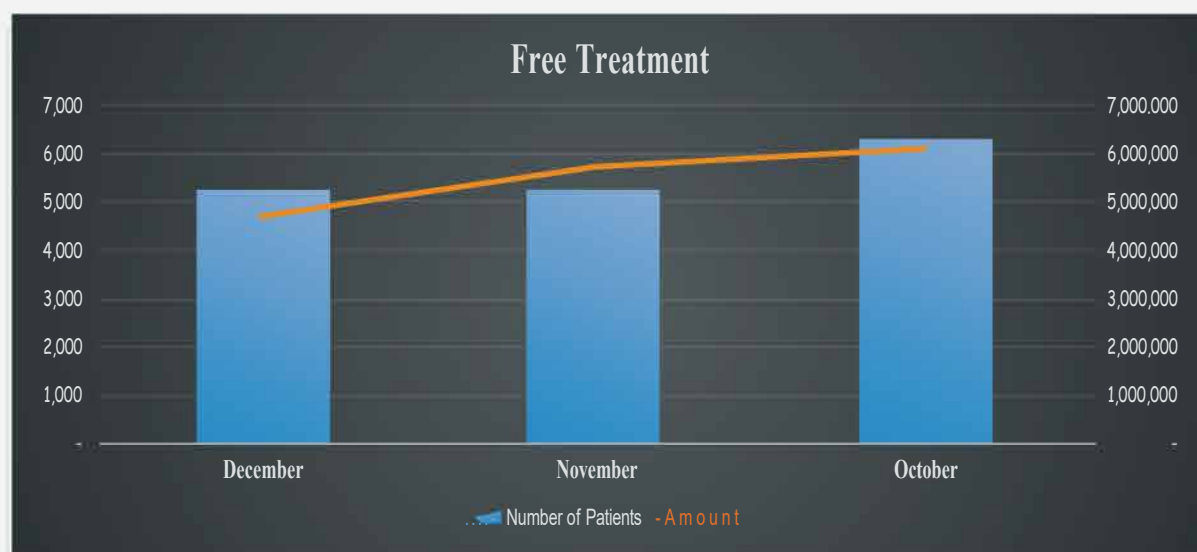
Both of the speakers emphasized that early detection, screening & timely diagnose could help to reduce the risk rate. It is the only possible way to reduce the death rate among women due to breast cancer disease. women should conduct Breast Cancer Screening via Mammograms, Clinical Breast Exam, and Breast Self-Exam.



## Free Treatment Oct-Dec 2020 (in PKR.000)

Services	October	November	December
<b>OPD</b>	877,900	907,500	1,044,100
<b>Inpatient</b>	5,209,856	4,793,121	3,608,030
<b>Dental OPD</b>	4,199,315	3,414,360	3,356,115
<b>Total</b>	10,287,071	9,114,981	8,008,245

Months	No. Of Patient	Amount in PKR
<b>October</b>	6,292	6,105,671
<b>November</b>	5,253	5,712,081
<b>December</b>	5,190	4,702,545
<b>Total</b>	16,735	16,520,297



## DONATE NOW!



### FOR DONATION

Title : SM SOHAIL TRUST  
 Bank : JS BANK  
 Account No : 00000902691  
 IBAN No. : PK55JSBL960400000902691  
 Currency : PKR

### FOR ZAKAT

Title : SM SOHAIL TRUST  
 Bank : HABIB BANK BANK LIMITED  
 Account No : 04907900418803 FOR ZAKAT  
 IBAN No. : PK82HABB0004907900418803  
 Currency : PKR

**SOHAIL TRUST HOSPITAL**

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