



# HEALTH BULLETIN

July - September 2020

**SOHAIL TRUST HOSPITAL**  
(A Project of S.M. Sohail Trust)

**SEHAT**  
HAI TO SAB KUCH HAI  
**FREE 24/7**  
SERVICES FOR NEEDY PATIENTS

- FREE HOSPITALIZATION
- FREE GENERAL WARDS
- FREE SURGERY
- FREE CONSULTATION
- FREE ICU & NICU
- FREE DIAGNOSTICS

Sohail Trust Hospital a project of S.M Sohail Trust, is offering specialized healthcare services for those who are in need and cannot afford treatment expenses.

## Our Free Services includes

- \* Hospitalization
- \* General Wards
- \* Surgeries
- \* Consultation
- \* Intensive Care Unit (ICU)
- \* NICU
- \* Anesthesia
- \* Nursing Care
- \* Physiotherapy
- \* Diagnostics
- \* Laboratory Tests
- \* Radiology Services



Sohail Trust Hospital is a 350 bed hospital equipped with advance medical technology which provides quality health services to the patients. Sohail Trust Hospital was established by S.M. Sohail Trust in 2002, since then this not-for-profit hospital has been providing healthcare facilities, training and teaching to undergraduate & post-graduate students.



## Other Services

In addition to secondary and tertiary care, this hospital is the nexus for primary health care needs of the entire population of the Korangi Industrial area.

- Out-Patient Clinics
- Executive Clinics
- In-Patient services are available in all Medical, Surgical and Allied Departments



## Certified by Pakistan Center for Philanthropy

Another achievement for S.M. Sohail Trust to have received PCP certification. The Pakistan Center for Philanthropy (PCP) Certification Program seeks to bring transparency, accountability and good supremacy in the nonprofit sector in Pakistan. It involves the evaluation of a nonprofit organization on standardized limitations of internal governance, financial management and program delivery





## Free Medical Camp

Department of ENT, conducted two days ENT Camp at Sohail Trust Hospital to facilitate free check-up for hearing impaired patients. More than 100 patients visited the camp and were provided with a Free medical facility.



## Seminar on Polio Eradication

Year 2019, witnessed a very large number of Polio cases in Pakistan. Polio Eradication is every body's duty. All of us have to play our role, was said by Professor Dr. S.M. Inkisar Ali. Sohail Trust Hospital, Department of Pediatrics, arranged a Polio awareness program for staff in collaboration with EPI Sindh. The Audience consisted of faculty, doctors, paramedics, nursing staff and non-medical employees from all the departments in order to enhance the awareness on community level.



JINNAH COLLEGE OF NURSING

## Hospital based Clinical Teaching Programs/Projects

Ongoing Clinical Teaching Programs / Projects was conducted by students of Generic BSN (Year IV, Semester VII) on different topics such as "Iron Deficiency Anemia in Pregnant Mothers" at Gynecology ward Sohail Trust Hospital "Diabetes Mellitus and diet chart" at Medicine ward Sohail Trust Hospital "The preventive measures of Infection Control" at Surgical ward of Sohail Trust Hospital. Under the facilitation of Mr. Wakeel Ahmed, Nursing Lecturer-JCN and Ms. Huma Komal, Clinical Instructor-JCN & MSON. These sessions were helpful for participants to learn methods of prevention of iron deficiency, anemia during pregnancy, managing of diabetes mellitus through diet control & standardized procedure to prevent from infections.





# Life Matters, Save Many Lives Like These

SERVING THE COMMUNITY IS THE VISION OF S.M. SOHAIL TRUST THAT IS BEING FULFILLED BY PROVIDING FREE HEALTH CARE SERVICES TO THE NEEDY PATIENTS, HERE ARE SOME OF OUR

## ***Case of Splenectomy***

“I was in extreme pain, we came to Sohail Trust Hospital, now my pain is gone and I am feeling much better”. Zubaida Bibi 68 years old, wife of a security guard mother of 8 children was diagnosed with Splenectomy, she stayed 14 days in the Hospital, total treatment expenses were paid by the Hospital.



## ***Case of Inguinal Hernia***

Ali Muhammad 50 years old, was admitted in Sohail Trust Hospital, and he was diagnosed with Inguinal Hernia, he has 7 family members to support, he was admitted for 12 days, all of his treatment was provided free by the Hospital.

## ***Case of Cholelithiasis***

35 years old Shazia Manzoor was admitted at Sohail Trust Hospital for 8 days, she was diagnosed with Cholelithiasis, she is a mother of 4 children and her husband has a kiosk of fruit chat. Total expenses of her treatment were born by Hospital.

## ***Case of Enlarge Prostate***



“I was suffering from such intense pain, I was worried for the treatment cost but Sohail Trust Hospital became my hope” 69 years old Khalil-ur-Rehman was diagnosed with Enlarge Prostate; he was admitted for 11 days, his free treatment was provided by Hospital.

## ***Case of Rental Tabular Acidosis (RTA)***

Iqbal Ahmed 24 years old young boy, came to Sohail Trust Hospital in unconscious condition, he faced a head injury and his wrist was fractured, he was diagnosed with RTA and was admitted for 9 days, all of the expenses for his treatment was paid by the Hospital.

## ***Case of Peripheral Arterial Disease***

Shahnawaz 48 years old came to Sohail Trust Hospital, he is the sole earner of the family and he has 7 family members, he was diagnosed with Peripheral Arterial Disease, he is still admitted in the Hospital since 1 month and getting free treatment.





## News & Events

### ***Ribbon Cutting Ceremony of OT Complex and ICU***

In the inauguration of newly constructed facilities, a ribbon cutting ceremony of Operation Theatre and Intensive Care Unit (ICU) was arranged at Sohail Trust Hospital on 23<sup>rd</sup> September 2020. The event started with the recitation of Holy Quran by Mr. Sanaullah Khan, introduction of Surgical & Allied Department was presented by Prof. Dr. Muhammad Farooq Umer. Welcome notes were given by Prof. Dr. Syed Hussain Mehdi, speech was given by Chief Guest Prof. Dr. Khalid Ashrafi, Principal, Karachi Medical & Dental College and Vice President, College of Physicians and Surgeons of Pakistan. While addressing the audience, he said, "This is the beginning of a new era for Sohail Trust Hospital, we will ensure to play our role for this cost, this new facility will bring more facilitation to the patients and it is going to provide easy treatment to the needy ones". He congratulated the management and appreciated the efforts of S.M Sohail Trust for their endless services in the health care sector of Pakistan. A Vote of thanks was given by Prof. Dr. Abdullah Muttaqi. While Prof. Dr. Hussain Mehdi, Principal, Jinnah Medical & Dental College, presented a shield to the chief guest.



### ***World Heart Day Celebration at Sohail Trust Hospital***

On 24<sup>th</sup> September 2020, World Heart Day was celebrated at Sohail Trust Hospital. A session was arranged in the auditorium to discuss the importance of a healthy heart and risk to reduce cardiac disease. The event was started by recitation of Holy Quran by Dr. Shariq Mukaram, Dr. Urooj Riaz led the session and discussed about the Importance of World Heart Day and why we celebrate it.

Prof. Dr. S.M Inkisar Ali and Vice Chancellor Sohail University, Prof. Dr. Syed Jamshed Ali Kazmi were invited as the chief guest for the event, while addressing the importance of a healthy heart, Prof. Dr. S.M Inkisar Ali said "Heart disease is deadly and one of the highest contributors of global deaths, its even higher than combined deaths caused by AIDS and cancer, healthy diet, simple lifestyle modification and daily 30 mins exercise can significantly reduce the chances of heart disease". The guests also discussed about the increasing patients of cardiac disease in the country due to poor diet and lifestyle. Vote of thanks was given by Prof. Dr. Ajeet Kumar and ending notes were presented by Prof. Dr. Hussain Mehdi Principal, Jinnah Medical & College.

Faculty members, doctors, nursing and staff members participated in the event. The session was followed by a small walk for the awareness about heart disease.





## ***Introduction of Typhoid Conjugate Vaccine***

Department of Pediatrics, in collaboration with EPI, Govt. of Sindh, organized a program "Introduction of Typhoid conjugate vaccine". Professor S.M. Inkisar Ali coordinator while Asst. Prof. Dr. Uzma Arshad, Department of Pediatric, was the moderator of the program. A large number of the audience included doctors, senior nursing & paramedic staff attended the program.



## ***Workshop on Neonatal Resuscitation***

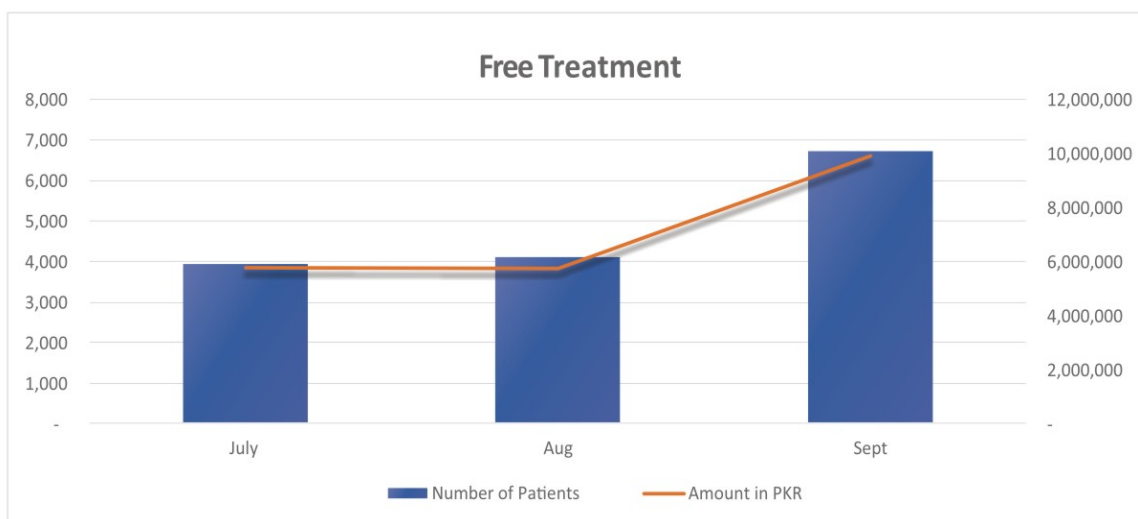
Sohail Trust Hospital organized workshop Neonatal Resuscitation. More than 30 participants including doctors & staff were participated in the event. Head of Pediatric Department, Prof. S.M Inkisar Ali while emphasized the importance of event said that timely and effective neonatal resuscitation cannot be over emphasized. Globally, around 4 million neonatal deaths occur every year, out of these more than a million new born die on their first day of life. Further more, 93% of deaths occur in low and middle-income countries including Pakistan. About 25% of all neonatal deaths are caused by birth asphyxia, he added. He also emphasized that birth asphyxia can be effectively treated to a very large extent with timely resuscitation of new born and failure to do so will result in mortality and long-term neuro developmental disability. Prof. Inkisar praised services of senior pediatrician Dr. Habiba Hassan. She thanked Sohail Trust Hospital and presented review on the subject. At the end of event, Q/A's session was conducted and certificates were distributed among participants and facilitators.



## Free Treatment July-Sep 2020 (in PKR.000)

Services	July	Aug	Sept
<b>OPD</b>	2,693,970	2,896,145	4,687,540
<b>Inpatient</b>	2,893,955	2,627,705	4,864,933
<b>Dental OPD</b>	163,900	201,300	334,300
<b>Total</b>	<b>5,751,825</b>	<b>5,725,150</b>	<b>9,886,773</b>

Month	Number of Patients	Amount in (pkr)
<b>July</b>	3,936	5,751,825
<b>August</b>	4,122	5,725,150
<b>September</b>	6,723	9,886,773
<b>Total</b>	<b>14,781</b>	<b>21,363,748</b>



## DONATE NOW!



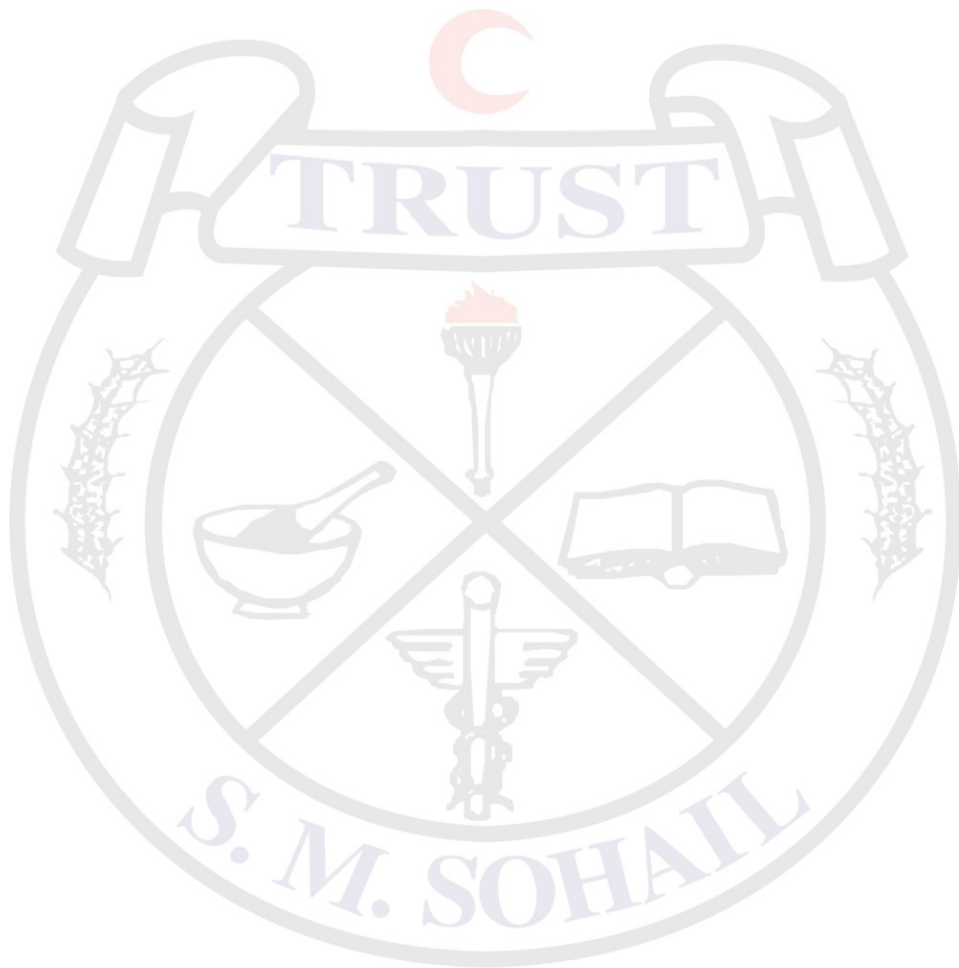
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